## KAKACEP2021 Online 제22회 운동사대회, 2021 운동학 학술대회

2021 Conference on Kinesiology in conjunction with 22<sup>nd</sup> KACEP Annual Meeting of Kinesiologists

The Role of Professional Kinesiologist in the Corona Virus Pandemic October 23–24, 2021 Seoul National University of Education

## Program at a Glance (Seoul: Korean Standard Time)

### DAY 1: Oct 23 (Sat)

Time	Education Room	Time	Conference Room
09:00-09:30		09:00-09:30	Opening Ceremony
09:35-10:20		09:35-10:20	Keynote 1
10:30-11:50	Specialized Health/Fitness Center Business Cases	10:30-12:10	Highlighted Symposium 1
11:50-12:30		12:10-13:00	
12:30-16:15	KACEP-PKC Workshop	13:00-14:40	Highlighted Symposium 2
		14:50-15:15	Special Lecture 1
		15:15-15:40	Special Lecture 2
16:15-17:00	University Sports Medicine Team Conference		

<sup>\*</sup> Functional Anatomy Contest for Undergraduate Students

#### DAY 2: Oct 24 (Sun)

Time	Education Room	Time	Conference Room
09:00-09:45	Keynote 2	09:00-09:45	
09:50-13:35	Invited NATA-ATC	09:55-10:20	Special Lecture 3
	Workshop	10:20-12:30	Awarding Programs(YIA/EDA)
			Oral/Poster
13:35-14:05		12:30-13:00	Special Lecture 4
14:05-14:35	University Fitness Prop	13:00-13:35	
	Group Exercise Contest	13:35-14:25	Special Course for Professional Kinesiologist
15:00-16:00	Closing Ceremony		

<sup>\*</sup> The schedule may be revised by KACEP2021 organizing committee.

## Calendar of KAKACEP2021

### DAY 1: Saturday, October 23, 2021 (Seoul Time)

#### Conference Room:

09:00-09:30 Opening Ceremony

#### 09:35-10:20 Keynote Speech 1:

운동으로 유발된 근육 손상과 그 조절에서의 호중구의 개입 (Involvement of neutrophils in exercise-induced muscle damage and its modulation). Katsuhiko Suzuki (Waseda Univ, Japan)

## 10:30-12:10 Highlighted Symposium 1: Safety and Effect of Physical Activities in COVID-19 Pandemic

- 1. 운동 유도성 심실빈맥과 급성 심장사 (Exercise-induced ventricular tachycardia and sudden cardiac death). Hyun Seok Hwang (Florida State University, USA)
- 2. 빠른 수축에서 노화 관련 지연 (Age-associated slowness in fast contractions). Min Hyuk Kwon (Califonia State Polytechnic University, USA)
- 3. 과체중/비만 환자들이 더운 환경에서 운동하는 것이 안전한가? (Is it Safe to Exercise under Hot Environments for Overweight / Obese Individuals?). Hui Yin Ler (Tunku Abdul Rahman University College, Malaysia)
- 4. "섬광구 기억"을 유발하는 운동 (Exercise as a Trigger for Flashbulb Memory). Koshiro Inoue (Health Sciences University, Hokkaido)

# 13:00-14:40 Highlighted Symposium 2: The Influence of Physical Activity on Underlying Disease in COVID-19 Pandemic

- 1. 노화 뇌에 대한 운동의 효과: <u>다운 신드롬</u> 환자의 운동과 뇌혈류 특성 (Effects of Exercise on Aging Brain: Exercise and Cerebral Blood Flow Characteristics in Individuals with Down Syndrome). Sang Ouk Wee (Califonia State University, USA)
- 2. <u>뇌졸중</u> 후 수중 건기의 에너지 소비 (Energy Expenditure of Aquatic Walking among People Post-Stroke). Tae You Jung Califonia State University, Northridge)
- 3. 집에서 스마트폰 기반 원격 재활 시스템으로 할 수 있는 파킨슨 질환자들을 위한 평형성 운동 (In-home Balance Exercises with a Smartphone-based Tele-rehabilitation System for Parkinson's Disease Patients). Beom Chan Lee (University of Houston, USA)
- **4.** Application of Internet-based Parkinson's disease Medication Management and Rehabilitation Guidance Platform in a Family Environment. Wang Ru (Shanghai University of Sport, China)

#### 14:50-15:15 Special lecture 1:

인체수행력을 향상시킬 수 있는 스포츠 약물 (Are There Any Sporting Aids that can Help Improve Human Performance?). Govindasamy Balasekaran (National Institute of Education, Singapore)

#### 15:15-15:40 Special lecture 2:

코로나 19와 같은 바이러스 감염 질환을 위한 약물 목표 AMPK (AMPK as A Drug TVarget for Viral Infection Diseases including COVID-19). Naomi Ling (St. Vincent's Medical Research, Australia)

#### Education Room: Saturday, October 23, 2021 (Seoul Time)

#### 10:30-11:50 Specialized Health/Fitness Business Cases

- 1. 성장기 아이들의 성장과 성숙을 위한 운동 프로그램 (The Effective Exercise Program for Growth and Development of Children). 이수경 (톨앤핏)
- 2. 운동사의 공공 디지털 헬스케어 사업 (Digitalized Public Health Care Project by KACEP Certified Kinesiologists). 김동진(한국건강증진개발원)
- 3. 스포츠 팀 맞춤 관리 (Specialized Athletic Training for a Sport Team). 이상기(QMIT)
- 4. 소규모 척추측만증 특화 운동원(Small Health/Fitness Center Specialized for Scoliosis Patients). 이선영(리캔두 컨디셔닝 운동센터)

#### 12:30-16:15 KACEP-PKC Workshop

- 1. 어깨 질환자의 맞춤 운동 프로그램 (Individual Exercise Program for Shoulder Disease Patient). 전상준(피아크센터)
- 2. 운동선수 팔꿈치 손상 재활 (Rehabilitation for Athletic Performance in Elbow Injury). 이규민(케어무브)
- 3. 신체의 움직임은 척추의 움직임에서부터(The Motion is from the spine mobility). 김현진(소마루트바디밸런스)
- 4. 전방십자인대 수술 후 재활의 최신지견 (Recent Knowledge on Rehabilitation after Anteria Cruciate Ligament surgery). 공두환 (서울백병원)
- 5. 새롭게 이해하는 스트레칭의 효과 (New Understanding on the Effect of Stretching). 민경빈(스트레치피트)

#### 16:15-17:00 University Sports Medicine Team Conference

17:00-18:00 Functional Anatomy Contest for Undergraduate Students

#### DAY 2 Sunday, October 24, 2021 (Seoul Time)

#### Conference Room

#### 09:55-10:20 Special Lecture 3:

신뢰도의 측정: 일반화 가능성 이론 전망 (Method of Reliability: A Generalizability Theory Perspective). Min Soo Kang (University of Mississippi, USA)

#### 10:20-12:30 Awarding Programs (YIA/EDA) & Oral/Poster

#### 12:30-13:00 Special lecture 4:

Research Ethics. Jung Jun Park (Pusan National University, Korea)

#### 13:35-14:25 Special Course for Professional Kinesiologist

Education Room: October 24, 2021 (Seoul Time)

09:00-09:45 Keynote 2:

호흡기 바이러스 감염 및 예방접종에 대한 운동 및 면역 반응 (Exercise and Immune response to respiratory viral infection and vaccination). Marian Kohut (Iowa State Univ, USA)

#### 09:50-13:35 Invited NATA-ATC Workshop

- 1. Efficient Approach: Proper Management of Central Nervous System Injuries in Athletes (중추신경계 손상의 올바른 관리를 위한 효율적 접근). Jupil Ko (Incheon National University)
- 2. Chronic Ankle Instability Best Practices for Identification and Treatment (만성 발목 불안정 식별과 처치를 위한 최상의 실천). Cathleen Brown Crowell (Oregon State University, USA)
- 3. Comprehensive Functional Performance Testing for Lower Extremity Injury (하지손상에서의 포괄적인 기능적 운동능력 검사). Adam Rosen (University of Nebraska Omaha, USA)
- 4. Glenohumeral Joint Stability Training (오목위팔관절 안정화 훈련). Jim Schilling (Northern Arizona University, USA)
- 5. The Function of Exercise on Concussion (뇌진탕에서의 운동의 기능). Julianne D. Schmidt (University of Georgia, USA)

#### 14:05-14:35 University Fitness Prop Group Exercise Contest

14:40-15:30 Closing Ceremony

\* 조직위원회의 결정에 의해 일부 프로그램 발표자(제목) 및 시간 조정 될 수 있음.